

DINIYOTHLI KANOHEDA

(Dee-nee-yoth-lee Kaw-no-head-ah - Children's News)

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SCHOOL'S OUT—NOW WHAT?

By Cindy Clark

June 2003, Provider Business News, Redleaf National Institute, The National Center for the Business of Family Child Care

Everyone looks forward to summer. Warm, lazy days; the perpetual smell of barbecues or leaves burning; and fun in the sun or water. However, if you are a daycare provider, you may be a little anxious with the arrival of what should be the most relaxing time of year.

Your schedule may now be completely different and your routines might be thrown off-balance. You may have your own children home full-time now that school is out. If your kids are anything like mine, they have their own ideas when it comes to playing with daycare children. Mine don't see the need for naptime for little ones, and constantly want to wake them up to play. Or they have trouble being quiet and eventually they wake the kids up ahead of time anyway.

This is where advance planning of activities for your own children can really help. I have mine use this time to clean their rooms, practice their musical instruments, or read. Our library has a summer reading program, and they have to read a number of books to receive prizes. If your library doesn't have a reading program, create your own. You can choose a theme or let them read whatever they choose. Then create an activity or coloring sheet to go along with the book. Pick up some inexpensive stickers for keeping track on a reading log or to use as prizes.

Plan some fun summer activities for everyone in the house. This is a great time to rediscover being a child yourself. Go for a daily walk. Have older kids help push younger ones in strollers. Or, if your kids are old enough, have them ride bikes while you walk with the younger ones. Do scavenger hunts of different kinds of plants,

birds, cars, or whatever catches your eye. When you get home, have them draw pictures or keep a journal of things they've seen or done.

A trip to the local swimming pool may not be feasible, but you can still plan some water fun for your kids. Have them take buckets of water and paintbrushes outside and "paint" the sidewalks, cars, porch, or whatever they see. Since wading pools are losing favor with daycare insurance companies, use a sprinkler instead. The kids can run through it, and it can be adjusted for even the littlest ones to walk through. Or fill a plastic container with water and provide measuring cups, plastic bowls, and the like for measuring and pouring.

Have picnics in the backyard. Spread out a tablecloth, use paper plates, and serve a picnic lunch of peanut butter and jelly sandwiches, string cheese, fruit cups and carrot sticks (all of which meet Food Program requirements).

To stay in your routine, have the kids help with the chores. Mine love getting out buckets of water and sponges and helping to clean the floor. Or have them hand you clothes as you put them in the washer or hang them on the line. Washing windows is another favorite.

With a little planning, you can create a fun summer for everyone. Don't forget to check your local library for lots of activity ideas. Don't despair if you still hear, "I'm bored". Kids don't have to be entertained every minute of the day. With a little more downtime, they have a chance to develop their imaginations. On rainy days, pull out the games or have them create their own. Music is also a fun pastime—turn on the music and dance. Relax and enjoy your summer!

TIPS FOR FAMILIES: STAYING STRONG IN TIMES OF CRISIS

- ✗ **Keep your usual family routines or create routines if you don't already have them.** Children need structure. Make a daily schedule for home and stick to it. Routines help children feel safe and secure, because they know what to expect.
- ✗ **Limit your children's exposure to radio and television coverage of a traumatic event.** If you like to watch the news coverage, make sure your children are out of the room.
- ✗ **Spend positive time with your children at least once a day.** Read a book, bake cookies, take a walk together, talk.
- ✗ **Do what you say you're going to do.** Always keep your promises. It will help children feel a sense of safety and security.
- ✗ **Help your children to have hope.** Speak in hopeful terms. Hope is what gives people strength during uncertain times.
- ✗ **Listen.** If your children keep asking the same questions over and over again, it is because they want to make sense out of the disruption and confusion in their world. Help them find solutions if possible and, if you can't, just listen.
- ✗ **Know how your children are doing during and after school.** Ask teachers and after school staff how things are going. Make it a priority to be involved in your children's education.
- ✗ **Enjoy the simple things in life together.** Go to the park. Notice the birds chirping, the wind blowing, the sun shining. Talk about the richness of life.
- ✗ **Teach tolerance of other cultures.** Talk about the facts and don't make assumptions.

From America's Family Support Magazine, Winter 2003

TRAINING OPPORTUNITY

You are invited to attend a FREE Ready-To-Learn workshop offered for center-based and family child care home providers. Others interested in early childhood education are also encouraged to attend. This workshop is sponsored and accredited by DHS Child Care Licensing for three clock hours of professional development.

For a preview of the Ready-To-Learn message, please visit <http://pbs.kids.org/readytolearn/>

Registration is required in order to receive workshop materials. Contact Dawn Parton at (918) 595-8039 to register.

July 12—Kendal Whittier Library, 21 S. Lewis, Tulsa 10 am—1 pm

July 17—DHS Office, 2020 Holly Road, Claremore 6:30—9:30 pm

July 19—Owasso Library, 103 W. Broadway, Owasso 10 am—1 pm

July 26—Broken Arrow Library, 300 W. Broadway, Broken Arrow 10 am—1 pm

August 9—Helmerich Library, 5131 East 91st, Tulsa 10 am—1 pm

CHILD CARE FORUMS

The Oklahoma Department of Human Services has planned six Child Care Forums to give you the opportunity to share your concerns and suggestions regarding licensing, Stars, subsidies, EBT or anything else related to improving the quality and availability of child care in Oklahoma. These forums are planned at six sites across Oklahoma. You may attend the one that is most convenient for you. Meetings all begin at 1:00 p.m. and usually end around 3:00 p.m. The meetings are scheduled as follows:

July 8, 2003
Central Tech - Sapulpa Campus
Seminar Center
1720 S. Main St.
Sapulpa, OK

August 12, 2003
Kiamichi Technology Center
Industrial Room A
1301 West Liberty Road
Atoka, OK

September 9, 2003
Great Plains Technology Center
Building 300, Room 301 B
4500 W. Lee Blvd.
Lawton, OK

October 14, 2003
Francis Tuttle
Technology Center
Main Seminar Room
12777 N. Rockwell Avenue
Oklahoma City, OK



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O-SI-YO

by Tina Smith
Resource and Referral Specialist

Hello! Summer is here! Remember to take precautions with the children and summer heat!

*Always wear sunscreen when playing outside! (Babies under 6 months of age should not be exposed to direct sunlight or sunscreen. Use shade and protective clothing to keep them safe.)

*Do not play outside during the hottest parts of the day.

*Check for hot play ground equipment.

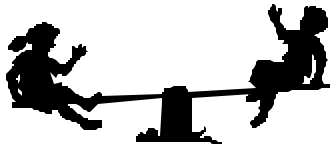
*Drink plenty of water.

*Offer opportunities for water play.

*Serve cool snacks—popsicles, ice cream, cold watermelon, frozen fruit, etc.

Enjoy the days of summer—they will be gone before we know it!

If you have any questions or comments about services offered by the Child Care Resource Center or by the Licensing and Subsidy Programs please contact us at (918) 458-7613 or 1-888-458-6230. We enjoy working with you.



DINIYOTHLI KANOHEDA
Child Care Programs



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SCHOLARS FOR EXCELLENCE IN CHILD CARE

The Scholars for Excellence in Child Care program at Connors State College in Muskogee offers child development courses to help you achieve your goals to earn your CDA credential, Certificate of Mastery, or an Associates Degree in Child Development.

Who is eligible?

- ⇒ Any child care provider who is working at a licensed DHS facility: Child Care Center with a 1-Star Plus or higher rating or a Family Child Care Home with a 1-Star or higher rating.
- ⇒ The Child Care Center/Home serves at least 10% DHS/Tribal subsidy children.
- ⇒ Providers must earn less than \$12 an hour.
- ⇒ Directors must earn less than \$15 an hour.
- ⇒ Providers/Directors must work at least 30 hours a week with children.

Scholarships and financial aid are available to those who qualify. The deadline for applications for the fall semester is July 10th. Classes start August 18th. For more information contact Kiki McWilliams, Scholar Coordinator at Connors State College, (918) 684-0433 or 260-0574.

SEVEN SUPER THINGS PARENTS CAN DO...

To help make sure their young charges are ready for school, tell parents and caregivers they can:

1. Talk often with your children from the day they are born.
2. Hug them, hold them, and respond to their needs and interests.
3. Listen carefully as your children communicate with you.
4. Read aloud to your children every day, even when they are babies. Play and sing often with them.
5. Say "yes" and "I love you" as much as you say "no" and "don't".
6. Ensure a safe, orderly, and predictable environment, wherever they are.
7. Set limits on their behavior and discipline them calmly, not harshly.

To download a bookmark with these tips for parents in your program—and to access a new teaching guide with tips for early childhood professionals—

visit www.ed.gov/offices/OESE/teachingouryoungest

From America's Family Support Magazine, Winter 2003

CHANGES TO T.E.A.C.H. EARLY CHILDHOOD® OKLAHOMA

We are pleased to announce that the T.E.A.C.H. scholarship program will continue to be funded for the upcoming year. Our funder, the Division of Child Care at the Department of Human Service, recognizes that educated teachers make the greatest impact on the quality of child care and positive outcomes for children. As you are aware, the state of Oklahoma is experiencing funding shortages. Please realize that we are dedicated to maintaining the quality of T.E.A.C.H. while also responding to these budgetary constraints. This letter outlines several changes that will take place as of July 1, 2003. *As T.E.A.C.H. scholars, these changes amend your current contract.* Please read the changes carefully.

As of July 1, 2003:

1. A potential scholar must be **“on the job”** for 3 months before applying for a T.E.A.C.H. scholarship.
2. T.E.A.C.H. will pay 80% of your tuition. The scholar will pay 20% of the tuition.
3. T.E.A.C.H. will pay total amount of book costs (excluding sales tax).
4. The travel stipend has been eliminated.
5. Release time will be as follows:
 - 2-year colleges:
 - a. 3-5 credit hours—4 hours of release time compensated per semester
 - b. 6-9 credit hours—12 hours of release time compensated per semester
 - c. 10+ credit hours—15 hours of release time compensated per semester
 - Technology Centers:
 - a. 1-20 clock hours—0 release time
 - b. 21-40 clock hours—3 hours of release time compensated per semester
 - c. 40+ clock hours—4 hours of release time compensated per semester
6. CDA Assessment costs: T.E.A.C.H. pays 80% (\$260.00), scholar pays 20% (\$65.00). T.E.A.C.H. will no longer pay CDA bonuses, however, you may apply for R.E.W.A.R.D. *Oklahoma*, a salary supplement program. Child Care Centers will pay the following bonuses (in 2 increments) to scholars **per contract year**:

a. 120 clock hours	\$100.00
b. 9-12 credit hours	\$150.00
c. 13-20 credit hours	\$200.00
7. T.E.A.C.H. will pay a \$100.00 bonus **per contract year** to Family Child Care Home Directors and Center Director/Owners (9-20 credit hours or 120 clock hours must be earned).
8. A **grade of “D”** in any class will result in the following: You must reimburse T.E.A.C.H. the tuition for the class in which you earned a **“D”**. Until T.E.A.C.H. is reimbursed, you may not enroll in another semester. If, in the next semester, you receive a **“D”** in any class, you must reimburse T.E.A.C.H. and you may only enroll in 1 class. If a **“D”** is earned in that class, the Scholar must wait one full semester before enrolling in T.E.A.C.H.
9. A **grade of “F”** in any class will result in the following: You must reimburse T.E.A.C.H. the tuition for the class in which you earned an **“F”**. Until T.E.A.C.H. is reimbursed you may not enroll in another semester. You may only enroll in 1 class the following semester. If you earn another **“F”**, you will reimburse T.E.A.C.H. for that class and you must wait one full semester before enrolling in T.E.A.C.H.
10. A **withdrawal** from class **AFTER** the drop/add date will result in the following: You may not enroll in another class until you reimburse T.E.A.C.H. for the class in which you received a **“W”**.
11. A **grade of “I”** (Incomplete) in any class will result in the following: You may not enroll in another class until the work has been completed and the **“I”** has been changed to a letter grade.
12. If you enroll in and/or attend class before receiving an acceptance packet from T.E.A.C.H. you will be responsible for paying the tuition for that semester.

We believe that these changes will ultimately improve the quality of our program and help us to better serve you. If you have any questions concerning these changes, please feel free to contact the T.E.A.C.H. Staff at any time.

Susan Kimmel, Project Director, T.E.A.C.H. / R.E.W.A.R.D.
Phone: (405) 799-6383

STAND FOR CHILDREN 2003



3 FRIENDS SHARE A HUG

The Cherokee Nation Child Care Resource Center and the Community Partners of Adair and Cherokee Counties sponsored the third annual Stand For Children Day on Friday, June 6 at the Cherokee Courthouse Square, downtown Tahlequah.

Stand For Children is a partnership of early care and education advocates across Oklahoma. This annual event focuses on our children and their health, safety and educational needs.

Over 700 children and adults joined us for a morning filled with fun activities and informational booths provided by a variety of community agencies. The children participated in activities such as the Jupiter Jump, face painting, bubble play and various games. They also enjoyed treats of popcorn, sno-cones, and cotton candy.

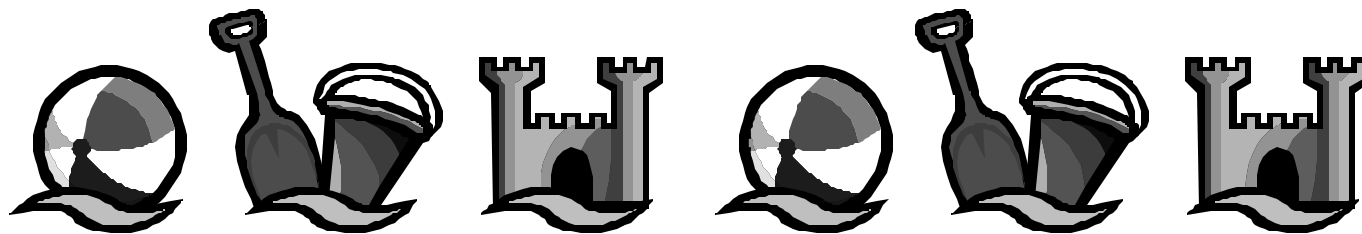


**AHHH...A COLD SNO-CONE
ON A WARM DAY!**



A BIG "Thank You" to everyone who worked so hard to make this day a success and to all who attended "Stand For Children".

**THE CARING VAN...OFFERING INFORMATION
ON CHILDHOOD IMMUNIZATIONS**



JULY TRAINING

Contact the Resource Center at (918) 458-7613 or 1-888-458-6230
to register for classes listed below.

July 7,8,14 & 15

MULDROW—STEPPING STONES

Time: 6:30 pm-9:00 pm

Health and Safety—Helps plan for children's health and safety; contains guidelines for providing safe places for young children; teaches how to help children learn good habits; discusses common illnesses and emergency procedures; suggests ideas for communication with parents.

July 8,10,15,17 & 24

CLAREMORE—HOMESPUN DAYCARE

Time: 6:00 pm-10:00 pm

Entry Level Child Care Training (ELCCT) - ELCCT is an introduction to child care training. The course provides new and/or future child care professionals with knowledge needed to provide quality care for young children while helping each individual child develop to his or her full potential.

July 14

CLAREMORE—HOMESPUN DAYCARE

Time: 6:00 pm-8:00 pm

Director Series: Program for Infants and Toddlers—Focuses on ways to assess current practices while continuing to increase staff skills, provide on-going support for staff and reduce staff burnout. Discusses the skills and attributes an infant/toddler caregiver should possess. Shares the importance of building positive partnerships with parents and the community.

July 14

CLAREMORE—HOMESPUN DAYCARE

Time: 8:00 pm-10:00 pm

Director Series: Program for 3 To 6 Year Olds—Stresses the importance of quality staff working with young children. Discusses the overall child care environment conducive for young children to play and learn. Suggests methods for planning and implementing an appropriate curriculum, and provides ideas for parental involvement.

July 21

GROVE—JACK AND JILL

Time: 5:30 pm-7:30 pm

SIDS and Blood Borne Pathogens (Infection Control) - Gayla Turner, Child Care Health Consultant, will present information on SIDS (Sudden Infant Death Syndrome) and infection control in child care.

July 21,24,29 & 21

TAHLEQUAH—CCRC

Time: 6:00 pm-8:30 pm

Child Development I—Outlines major growth events of the first six years of life; discusses practical ideas for meeting the needs of growth stages by observing and matching activities, materials and equipment to the children's abilities.

AUGUST TRAINING

August 28

TAHLEQUAH—CCRC

Time: 6:00 pm-7:30 pm

CACFP (Child and Adult Care Food Program) Training—An overview of the CAFCP including discussion of forms, what foods are considered reimbursable, and reimbursement procedures.

Location Information

*The Cherokee Nation Child Care Resource Center is located in the James Danielson Children's Village in Tahlequah.

*Homespun Daycare is located at 305 S. Chickasaw in Claremore.

*Jack and Jill Day Care Center is located at 701 S. Center in Grove.

*Stepping Stones is located at 106 S.W. 3rd St. in Muldrow.

STATE AND NATIONAL CONFERENCES

July 12

WAP OK Family Child Care Conference—Family Child Care: Making a Difference in the World, UCO Edmond from 8:00 am—3:00 pm. For more information contact Tracy Lee at (405) 799-6383 ext. 281.

August 2

Cherokee Nation Child Care Resource Center 3rd Annual Child Care Conference— "A World of Pure Imagination" . Sequoyah High School, Tahlequah, OK. For registration information contact Deanna O'Laughlin at (918) 458-7613 ext. 226.

September 5-6

Early Childhood Association of Oklahoma's (ECAO) Fall Conference at the Clarion Meridian Hotel and Convention Center, OKC. For more information call (866) 813-3226 or visit the website at www.ecaok.org

October 10-11

Friends of Early Education 34th Annual Fall Conference—On the Road Again with Friends, Tulsa Convention Center. For more information contact the Friends of Early Education Office at (918) 742-2263.

OKLAHOMA CHILD CARE ASSOCIATION 2003 SCHEDULE

Do you need 40 hours of Management Training? Do you need this to apply for the STARS program? All of these classes meet the STARS requirement for Director's Training. Here are the dates and locations:

National Administrator Credential (NAC)

July 14-18	Tulsa
August 4-8	Oklahoma City
September 8-12	Tulsa
October 13-17	Oklahoma City
November 3-7	Tulsa
December 1-5	Oklahoma City

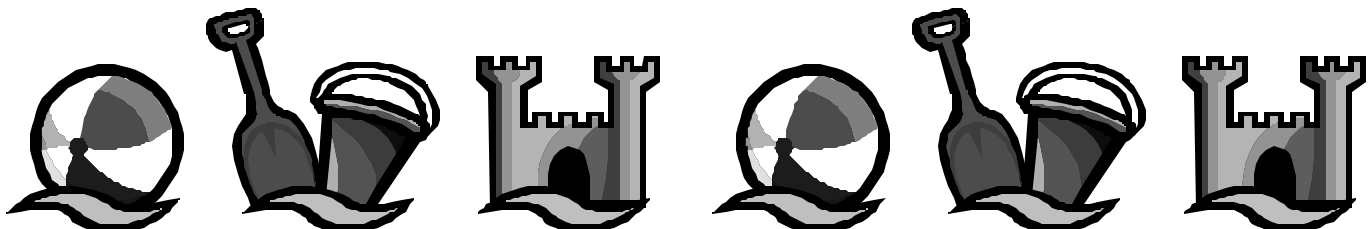
Director's Advance Training (DAT)

July 7-11	Tulsa
August 25-29	Oklahoma City
October 20-24	Tulsa
December 8-12	Oklahoma City

Brainsmart Management (BSM)

July 21-25	Tulsa
September 15-19	Oklahoma City
November 17-21	Tulsa

The total cost for each class is \$475. Scholarships for \$300 are funded through the Division of Child Care, once registration form and check for \$175 are received. Space is limited. Payment must be received with registration form to guarantee registration. **Questions? Call 1-800-580-4181. APPLY EARLY!**



CPR AND FIRST AID TRAINING

July 9	Tahlequah EMS Pediatric CPR & First Aid (Both classes in one day for only \$25)	Time: 9:00 am—5:00 pm
July 10	Tahlequah—EMS Pediatric CPR	Time: 6:00—10:00 pm
July 17	Pryor—Mayes County DHS First Aid	Time: 6:00—10:00 pm

Cherokee Nation EMS began a new cost and payment policy on April 1, 2003.
 Pediatric CPR is \$20.00 and First Aid is \$25.00. **(FEE IS NON-REFUNDABLE)**
 As of April 1, 2003 pre-payment is required
 and must be received at Cherokee Nation EMS 5 days prior to the date of the scheduled training.
 Make payment to Cherokee Nation EMS and mail payment and registration form to:
 Cherokee Nation EMS
 Attn: Jimmy Summerlin
 22114 South Bald Hill Road
 Tahlequah, OK 74464

If you have any questions, please contact Jimmy Summerlin at EMS at (918) 458-5403

PLEASE COMPLETE AND RETURN THE FOLLOWING REGISTRATION FORM

CHEROKEE NATION EMS TRAINING PROGRAM REGISTRATION FORM

Please Print

Date: _____

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

What county do you live in? _____

Home Phone: _____ Work Phone: _____

Date of Training: _____

Type of Class: _____

Organization / Workplace: _____

Ethnic Descent: Cherokee Native American _____ Other Native American: _____
 Other Descent _____

NURSE NOTES

SUMMER SAFETY TIPS FOR CHILDREN

1. Always CHECK FIRST with your parents or the person in charge before you go anywhere or do anything. Be sure to CHECK IN regularly with your parents or a trusted adult when you're not with them.
2. Always TAKE A FRIEND with you when playing or going somewhere. It's safer and more fun.
3. Don't be tricked by people who offer you special treats or gifts. Never accept anything from anyone without your parent's permission.
4. Stay SAFER when you're home alone by keeping the door locked; not opening the door for or talking to anyone who stops by unless the person is a trusted family friend or relative, you feel comfortable being alone with that person, and the visit has been pre-approved by your parents; and never tell anyone who calls that you're home by yourself. Have a neighbor or trusted adult you can call if your scared or there's an emergency.
5. Never go into a public restroom by yourself.
6. Never go alone to malls, movies, video arcades, or parks. Take a friend with you, and always CHECK FIRST with your parents to make sure it's okay.
7. Don't panic if you feel lost. Identify the safest place to go or person to ask for help in reuniting you with your family. Never search for them on your own, and never go off alone with anyone who is trying to reunite you with your family.
8. Be careful when you play. Stay away from pools, canals, and other bodies of water unless you are with an adult. Don't play near busy streets or deserted areas, and never take shortcuts unless you have your parents' permission.
9. Don't wear clothes or carry items with your name on the outside, and don't be confused just because someone you don't know calls out your name.
10. Don't get into a car or go near a car with someone in it unless you are with your parents or a trusted adult. Never take a ride from someone without CHECKING FIRST with your parents.
11. Be careful playing or riding your bicycle as it gets dark. Sometimes it is difficult for people driving cars to see you. Wear reflectors and protective clothing if your parents say you can play outside after dark.
12. Don't be afraid to say NO and GET AWAY from any situation that makes you feel uncomfortable or confused. TRUST YOUR FEELINGS, and be sure to tell a trusted adult if something happens that makes you feel this way.

1-800-THE-LOST (1-800-843-5678)

www.missingkids.com

From the National Center for Missing and Exploited Children

PARENT PAGE

SUMMER: PROTECTING YOUR FAMILY

Your kids love summer! They don't have to go to school, they can stay up late and best of all—they have all day to play. Follow the safety tips below to make sure their summer memories are safe ones.

RIDE SAFE!

*Make sure your kids are secured in the appropriate child safety seat or safety belt for their age and size.

*Kids should always be secured in the back seat.

*Study both your vehicle owner's manual and child safety seat instructions carefully.

SWIM SAFE!

*Always supervise young children near water, including pools, spas, toilets, bathtubs and buckets.

*Insist your children wear personal flotation devices when out on boats, near open bodies of water or participating in water sports.

WHEEL SAFE!

*Make sure your kids wear properly fitting helmets and other protective gear every time they ride their bikes, scooters, inline skates or skateboards.

*Teach your children the rules of the road and practice obeying traffic laws with them.

WALK SAFE!

*Never let your child under age 10 cross the street alone. Teach children to obey traffic rules.

*Make sure your kids wear retro reflective materials, and don't let them walk alone at night. If they must walk at dawn or dusk, make sure they carry a flashlight.

PLAY SAFE!

*Always supervise your children at playgrounds or in the backyard. Make sure they play on a safe surface, such as mulch, rubber or fine sand.

*Make sure your kids wear the right, properly fitted protective gear when they practice and play team sports!

Read more SAFE KIDS car safety tips, find a child safety seat that's just right for your child, or attend one of the SAFE KIDS BUCKLE UP Car Seat Check events in your area. Read more about water safety, wheel safety, pedestrian safety, and playground and sports safety on the SAFE KIDS web site at www.safekids.org

Above information from the SAFE KIDS web site

***Feel free to copy this page
to share with parents***



TIME TO ROTATE TOYS

Eventually a child will have more toys than she can use, or more than there is room for. When this happens she may drift from one toy to another for only brief and superficial play.

This is a sign that it is time to put some of the toys away for a while, leaving only current favorites available.

With a more limited selection, a child will learn to be resourceful and inventive in looking for new ways to play with each toy.

From time to time, switch toys from storage to playroom for an ever-changing variety.

A rainy day is a good time to exchange "old" toys for "new" ones.

If the child is old enough, let her help decide which toys to put away and which to bring out.

These periodic switches offer a good opportunity to examine the toys. If parts are missing, write to the manufacturer for replacements.

If repairs are needed, make them. If the toy is damaged beyond repair, discard it or salvage whatever may be reusable.

A "junk" box of old toy parts can be a treasure chest to an older child who likes to tinker with construction projects.

Be mindful of safety issues and dispose of parts that are broken or which have sharp edges or corners that could cut small hands.

Never throw away a usable toy, even though you think your child has surely outgrown it. Children play with toys in different ways at different ages. A feature that might not have been evident originally may offer pleasure a year or two later.

A child who is sick in bed or recovering from an illness often prefers a less challenging toy, one she played with earlier. And when a youngster isn't feeling good, it's always a pleasure to see an old, familiar toy.

In addition, it's always good to have a selection of toys for younger children, whether visitors to your home or your own children.

Save the good toys that your children particularly like. They may turn out to be your grandchildren's treasures!

From GROWING TOGETHER, April 2003

JOIN US AUGUST 2, 2003 FOR...

"A WORLD OF PURE IMAGINATION"

The Cherokee Nation Child Care Resource Center
invites you to our 3rd Annual Child Care Conference
on Saturday, August 2, 2003

Place: Sequoyah High School

Time: 8:00 am—4:00 pm

Registration Fee: \$25

(includes breakfast, lunch and a door prize!)

IF YOU WOULD LIKE TO RECEIVE A REGISTRATION BOOKLET PLEASE
CONTACT THE CHILD CARE RESOURCE CENTER AT 1-888-458-6230

Topics include:

Stress Relief

Behavior and Guidance

Transition Tips and Tricks

Hands on Science

Creativity

Rock, Rhyme & Read...

and much more!!!





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