

DINIYOTHLI KANOHEDA

(Dee-nee-yoth-lee Kaw-no-head-ah - Children's News)

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GIVE THE GIFT OF READING

How to choose good books for children of all ages

Every time your children read, they open a new door for their future. Books make perfect gifts in they can inspire children, expand their imaginations, and help them learn. There are many ways to encourage reading, but experts agree that two things are essential:

- **Access to books.** Encourage children to choose reading by making lots of books available in your home. Make it easier to pick up a book than to grab the television remote control.
- **Good books.** Help children by providing books that will captivate their attention, and you will help them discover the joy of reading. And the more they *like* to read, the more they *will* read.

What makes a children's book good? The best books generate enthusiasm for reading. They interest the children who read them and make them want to read more. Some books, for example, appear again and again on lists of recommended children's reading; they appeal to many youngsters and have won the respect of librarians and educators.

These books are a great place to start, and the resources found in this guide can steer you to them. But the real test of a good book is your children's reaction to it. Take your cue from them. Trust your instincts and your children's judgment as you explore the world of children's literature together. Below are some tips to get you started.

INFANTS AND TODDLERS (Birth to Age 3)

Look for:

- Durable books, such as board books, with sturdy pages that can be wiped clean. Babies can easily turn the stiff, heavy pages.
- Simple, clear, vivid pictures with or without printed words.
- Stories told in short, simple sentences with pictures that explain the text.
- Poems and rhymes that are fun to read aloud.
- A-B-C and number books with pictures of familiar objects.
- Sensory appeal, such as fabric books, books with textures, and books with scents.

PRESCHOOLERS (Ages 3 to 6)

Look for:

- Stories about everyday events and experiences, such as going to a friend's house.
- Simple, active plots that move quickly, so each book can be read in one sitting.
- Main characters about the same age as, or slightly older than, your child.
- Playful animals, both real and imaginary, and funny creatures in ridiculous situations.
- Stories and books that repeat key words and catchy sentences or phrases.
- Colorful illustrations. The images can get more detailed as your children mature.
- Stories with one or two sentences per page for beginning readers; as your child's skills increase, introduce longer stories.

YOUNG READERS (Ages 6 to 9)

Encourage children to help select the books they will read on their own and the ones you will read together. For books that young children will read on their own, look for:

- Illustrations that bring the text to life and give clues to the meaning of unfamiliar words.
- How-to, craft and recipe books with clear, simply worded instructions and helpful illustrations.
- Books that you read aloud when the children were younger; they can read them on their own now.

For books to read aloud to young children, look for:

- Stories and poems about subjects that interest children but are beyond their reading level or are longer than those they can read on their own.
- Selections from books your children could read on their own but haven't yet discovered.

Continued on page 3



O-SI-YO

by Tina Smith
Resource and Referral Specialist

Remember! We are open for extended hours one Saturday morning and one Tuesday evening each month. Come visit us and become more familiar with our services!

Saturdays 9:00 am—12:00 pm
November 13
December 11
January 8

Tuesdays 5:00 pm—8:00 pm
November 16
December 21
January 18



Fall Ideas: Pumpkins

Language: Display a small pumpkin for your children to touch, examine and discuss. Cut open the pumpkin and talk about what is inside. Write down the children's observations.

Snack: Serve pumpkin bread, pumpkin muffins or pumpkin pie. Talk with the children about the color and the taste.

DHS CHANGES SUBSIDY CONTRACT PROCEDURES FOR FAMILY CHILD CARE HOMES

Effective September 1, 2004, DHS will no longer approve new contracts for subsidy payments with providers who are only at One Star status or who are on a six-month permit. This means that new providers who are opening family child care homes need to apply for One Star Plus status as soon as possible, or work on being approved for their permanent Child Care License. Providers who currently have a subsidy contract and are on a six-month permit or are at One Star status will keep their contracts, but will have until June 30 to increase their star status or be approved for a License. This action is similar to the steps that DHS took in 2003 to only contract with child care centers that were at the One Star Plus level or higher, and to ensure that children in the subsidy system are receiving higher quality care.

CHEROKEE NATION CONTRACTED FAMILY CHILD CARE HOMES

As you are aware, effective September 1, 2004, DHS initiated a policy stating they would no longer approve new contracts for subsidy payments with Licensed Family Child Care Homes who are only at One Star status or who are on a six-month permit. The Cherokee Nation Child Care and Development Department is currently reviewing the DHS policy and the possibility of initiating a similar policy within the future. While a final decision has not been made regarding the policy, you should anticipate the Cherokee Nation Child Care and Development Department moving forward with a similar policy within the near future.

DINIYOTHLI KANOHEDA
Child Care Programs



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Oklahoma Child Care
RESOURCE & REFERRAL ASSOCIATION, INC.

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PRETEENS (Ages 9-12)

Look for:

- Accurate information on any subject that interests your children.
- Humorous exaggeration.
- Bonds of loyalty among characters.
- Stories that show young people actively solving problems and overcoming odds.
- Chapter books that will be read over several days instead of in one sitting.
- Fact books, such as world record books, trivia, and sports books.
- Biographies, classics, folk tales, historical fiction and mythology.

FIVE TIPS FOR CHOOSING GOOD BOOKS FOR CHILDREN OF ALL AGES

1. Encourage children to help select their own books as soon as they start showing preferences. Hand a young child a pile of familiar books so he or she can choose which one you'll read aloud. Let older children browse in a library, bookstore, or yard sale and pick their own books.
2. Ask relatives and friends what books their children like. Share and trade books.
3. Steer children toward books about their favorite subjects and interests. Look for books in which characters address fear and feelings that will help children with their own experiences.
4. Get to know the children's section of your local library, and ask the children's librarian for recommendations.
5. Experiment and have fun. Try books on new or unfamiliar subjects. Show your enthusiasm for reading, and children will follow your lead.

Information taken from the Reading is Fundamental (RIF) website at www.rif.org

TIC-TOC TRAINING

(Training Inclusive Childcare = Terrific Opportunities for Children)

Tic-Toc training is a series of regional skill-building workshops designed to assist child care providers to feel competent about including children with disabilities in typical child care settings.

Tulsa	November 6	9:30 am—4: 30 pm	Individuals with Disabilities Education Act (IDEA) —Where Childcare Providers Fit
Tulsa	December 4	9:30 am—4:30 pm	Including Children with Disabilities in Child Care Setting
Ada	November 6	9:00 am—4:00 pm	Including Children with Disabilities in Child Care Setting
Ada	December 4	9:00 am—4:00 pm	Working with Children with Disabilities who have Challenging Behaviors I
Oklahoma City	November 6	9:00 am—4:00 pm	Working with Children with Disabilities who have Challenging Behaviors I
Oklahoma City	December 4	9:00 am—4:00 pm	Individuals with Disabilities Education Act (IDEA)—Where Childcare Providers Fit

For questions about registration, contact Pat Diaz at (405) 271-1836, or by e-mail at tic-toc@ouhsc.edu

NOVEMBER IS:

Veteran's Day—November 11

*Have the children draw pictures or make cards to honor our veterans and send them to your Veteran's Hospital or deliver to veterans you know in the community.

World Kindness Week—November 8-14

*Kindness—Pass it On! Here are some examples of things you can do with your children: Offer a hug, Give an unexpected gift, Pick up litter, Plant trees and flowers, Help a teacher, Walk a dog, or Pass along a nice saying.

National Family Week—November 21-27

*Plan activities to help celebrate families.

*Plan a "family supper" with your neighbors and friends.

*Write a thank-you note to someone who helps your family.

*Send a thank-you note to a person in the armed forces and lend your support to his or her family.

*Select an issue that's important to your family and work to effect change.

*Hold a Family Night with games and other activities.

*Encourage employers to consider family-friendly work options such as flexible hours and time off to attend school functions.

NOVEMBER TRAINING

November 2,4 & 9

TAHLEQUAH—CCRC

Time: 6:00 pm—9:20 pm

Families and Child Care: A Team for Children (content area #4, 10 hours)—Provides caregivers with insights for developing strategies to work more effectively with the parents and families of children in their care; assists in fostering an attitude of better understanding and spirit of cooperation between parents and caregivers. Trainer: Gaynia Jones. **Fee: \$10 Please contact the Child Care Resource Center at (918) 458-7613 or 1-888-458-6230 to register.**

November 2,4,9 &11

MUSKOGEE—MRMC

Time: 6:00 pm—8:30 pm

Daily Program for Infants and Toddlers (content area #5, 10 hours)—Discusses stages of development and basic needs in nutrition, feeding, sleep, and toilet training. Suggests appropriate play activities and toys. Suggestions to construct a daily program schedule. Trainer: LaDonna Cooper. **Please contact Sherry Grooms, MRMC at (918) 684-2448 to register.**

November 18,22 & 29

VINITA—HALL HALSELL ELEMENTARY

Time: 6:00 pm—9:20 pm

Movement Experiences (content area #2, 10 hours)—A methods class on how to provide movement experiences in a daily program for young children. Includes classroom learning activity cards. Trainer: Vicki Towes. **Please contact the Child Care Resource Center at (918) 458-7613 or 1-888-458-6230 to register.**

DECEMBER TRAINING

December 2,9 & 16

TAHLEQUAH—CCRC

Time: 6:00 pm—9:20 pm

Health and Safety (content area #1, 10 hours)—Helps plan for children's health and safety; contains guidelines for providing safe places for young children. Teaches how to help children learn good habits. Discusses common illnesses and emergency procedures. Suggests ideas for communication with parents. Trainer: Debbie Smith. **Fee: \$10 Please contact the Child Care Resource Center at (918) 458-7613 or 1-888-458-6230 to register.**

December 2,9 & 16

VINITA—HALL HALSELL ELEMENTARY

Time: 6:00 pm—9:20 pm

Language (content area #2, 10 hours)—A methods class introducing and promoting language skills for infants through young children. Trainer: Vickie Toews. **Please contact the Child Care Resource Center at (918) 458-7613 or 1-888-458-6230 to register.**

Location Information

*The Cherokee Nation Child Care Resource Center is located in the James Danielson Children's Village in Tahlequah.

*Hall Hallsell Elementary School is located at 402 W Clyde in Vinita.

*Muskogee Regional Medical Center (MRMC) is located at 300 Rockefeller Drive.

Cherokee Nation facilitates training by recruiting educators employed by other agencies.

Ideas and practices presented are not necessarily endorsed by the Cherokee Nation Child Care Resource Center.

CLASS REGISTRATION CHANGES!

Beginning October 1, 2004 the Cherokee Nation Child Care Resource Center will implement a "**Registration fee**" policy.

The registration form and the registration fee must accompany all enrollment requests. Enrollment must occur at least one week prior to the class. There will be no refunds. You may send a replacement staff person.

The range of fees will vary depending on the type of class. The amount for each class will be listed in the newsletter. (Fees are subject to change.)

Registration confirmation will be by phone or mail. A waiting list will be maintained to fill any vacated slots. If the class is full your fee will be returned to you after the class has started.

Enrollment form:

Name: _____ Phone number: _____
 Address: _____ City: _____ State: _____ Zip: _____
 County: _____ Facility name: _____

Class Title: _____
 Location: _____ Time: _____ Beginning Date: _____ Registration fee: \$ _____

Send registration fee and above form to:

Cherokee Nation Child Care Resource Center

Attn: Edna Jones

PO Box 948

Tahlequah, OK 74465

Connors State College SCHOLARS FOR EXCELLENCE IN CHILD CARE

- Do you want to earn a CDA?
- Do you want to earn a Certificate of Mastery?
- Do you want to earn an Associate degree in Child Development?
- Do you want to increase your STAR rating or move up the R.E.W.A.R.D. ladder and increase your Salary Supplement?

If you answered **“YES”** to one or all of the questions, you need to be a Scholar in the **SCHOLARS FOR EXCELLENCE IN CHILD CARE** program. SECC will pay 80% of your tuition and cover the cost of your textbooks!

Its easy, just call Kim at **918-684-0433** and I will come visit with you and answer any questions you may have about the SECC Scholarship program *and* assist you with applying for the scholarship, college admissions and the Pell grant.

Eligibility Requirements

Eligible child care providers must:

- Work in a one-star plus or above DHS or tribal licensed child care facility or family child care home with a minimum of 10% subsidy children.
- Work a minimum of 30 hours a week.
- Be employed three months before beginning coursework

Kimberly Phillips, Scholar Coordinator
 SCHOLARS FOR EXCELLENCE IN CHILD CARE
 Connors State College
 201 Court Street
 Muskogee, OK 74401-6305
 Phone: 918-684-0433
 Cell: 918-260-0574
 Email: kdp@connors.cc.ok.us

*Helping improve
the quality of
child care
in Oklahoma!*

College Tuition at CSC
80% OFF
Scholars for Excellence in Child Care
 Call Today For An Application
Tel: 918-684-0433
 Expiration Date:12/1/2004



Oklahoma Institute for Child Advocacy

2005 LEGISLATIVE AGENDA FOR CHILDREN AND YOUTH

SUBSTANCE ABUSE

1. Create the Prevention of Youth Access to Alcohol Act, giving the ABLE Commission regulatory and licensing authority over 3.2 alcohol, suspending driving privileges for minors in possession of alcohol, increasing fines and penalties for adults who provide alcohol to youth under 21, and earmarking the fines for prevention-related media campaigns.
2. Expand community-based substance abuse treatment for youth and their families, including the expansion of juvenile drug courts.

CHILDREN'S MENTAL HEALTH

3. Increase funding for community-based behavioral health services for children and youth (0-21) including the expansion of Systems of Care statewide.

EARLY CHILDHOOD ISSUES

4. As federal funds decrease, ensure current levels of child care funding in the Department of Human Services by increasing the state's share.
5. Increase funding for parent education and support programs including Children First, Office of Child Abuse Prevention, Parents at Teachers, Child Guidance, and programs for families at very high-risk for child abuse and neglect.

DROP-OUT PREVENTION

6. Restore funding for alternative education and drop-out recovery to 2002 levels (\$4.2 million).

TEEN PREGNANCY PREVENTION

7. Expand current community-based teen pregnancy prevention initiatives managed through the Oklahoma State Department of Health.

CHILD WELFARE: PREPARING YOUTH FOR ADULT LIVING

8. Increase supports and incentives for foster, kinship and adoptive families for keeping siblings together, and coordinating with community-based services to provide training.

PROMOTING GOOD HEALTH AND NUTRITION

9. Require and fund physical education and health education in grades K-5 according to the State Department of Education "Priority Academic Student Skills (PASS)" Standards.

BALANCED AND RESTORATIVE JUVENILE JUSTICE

10. Restore funding to the Office of Juvenile Affairs for community-based services, after-care services, treatment staff and facilities.

Visit the Oklahoma Institute for Child Advocacy website at www.oica.org to learn more about how you can be a voice for children.

CPR AND FIRST AID TRAINING

November 1	Tahlequah—EMS Pediatric CPR	Time: 6:00 pm—10:00 pm
November 10	Tahlequah—EMS Pediatric CPR and First Aid (Both for only \$25)	Time: 9:00 am—2:00 pm

Cherokee Nation EMS began a new cost and payment policy on April 1, 2003.
 Pediatric CPR is \$20.00 and First Aid is \$25.00. **(FEE IS NON-REFUNDABLE)**

Pre-payment is required and must be received
 at Cherokee Nation EMS 5 days prior to the date of the scheduled training.
 A minimum of 8 participants must be registered for the training to be held.
 Make payment to Cherokee Nation EMS and mail payment and registration form to:
 Cherokee Nation EMS
 Attn: Jimmy Summerlin
 22114 South Bald Hill Road
 Tahlequah, OK 74464

If you have any questions, please contact Jimmy Summerlin at EMS at (918) 458-5403

PLEASE COMPLETE AND RETURN THE FOLLOWING REGISTRATION FORM :

CHEROKEE NATION EMS TRAINING PROGRAM REGISTRATION FORM

Please Print

Date: _____

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

What county do you live in? _____

Home Phone: _____ Work Phone: _____

Date of Training: _____

Type of Class: _____

Organization / Workplace: _____

Ethnic Descent: Cherokee Native American _____ Other Native American: _____

Other Descent _____



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